



AIDA Freediving Instructor Course (DAHAB) **From 29th November to 5th December 2020 with Miguel Lozano**

The AIDA Freediving Instructor Course prepares candidates to function as a professional Freediving Instructor.

The developmental design of the AIDA Instructor Course will introduce you to the AIDA system and help you gain the knowledge, skills and teaching techniques to be ready to teach in a professional, competent and confident way.

During the course you will:

- Become familiar with the AIDA standards and materials.
- Build on your Instructor-level theory and role-model in-water skills necessary for teaching freediving courses.
- Learn about student control and the organizational aspects to safely conduct a freediving course.
- You will, through different scenarios, gain the confidence to anticipate and identify the mistakes and problems you will encounter when conducting freediving courses and counsel your students to overcome them.
- Gain knowledge of the other aspects related to teaching freediving: Legal responsibility, risk management, marketing and freediving as a business.
- Be expected to demonstrate role-model awareness and conservation for the marine environment during freediving activities. This is a performance based course and candidates are held to a high standard.

On this course you are expected to have the right attitude to become a freediving instructor, an in-depth knowledge of theory, exemplary freediving skills and experience prior to registration.

Prerequisites: AIDA 4 star course or equivalent (SSI3 / AA3..) and First Aid/CPR certified within the last 2 years.

Duration 7 days

Price: 1200€ (Include AIDA Certification)

AIDA Instructor Trainer: Miguel Lozano

Info & booking

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